



Transition to school Top Tips!



This is designed purely as a guide to support your child's transition to Primary school from Pre-school. Every child is unique and has different strengths and areas where they may need more support and encouragement.

So in no particular order of importance.....

In readiness for school children can be encouraged to;

- Wipe their own bottoms (preferably with toilet roll rather than wipes) and very IMPORTANT to ALWAYS wash their hands after going to the toilet.
- Put on coats/clothes on their own.
- Do up fastenings, e.g. buttons, zips, shoes.
- Wipe and blow their noses and to put the tissue in the bin.
- Put a book and letter into a book bag.
- Put clothes into a bag.
- Practice using the water bottle they will be taking to school.
- Practice using a knife, fork and spoon (and carrying things on a tray) or if they will be having packed lunch, practice undoing the lunch box and packaging inside.
- Get used to carrying things, e.g. bags, themselves.
- Listen to short, clear instructions and enjoy carrying out small tasks.

It's helpful to say to your child "I can help you to learn, so that you can do it on your own" and praise the effort and not the outcome!

The important thing is that your child feels confident to try and are enabled to have a go so that they have an opportunity to develop in all areas of their everyday learning.

Other things you can do at home;

- Read and share books with your child everyday
- Get into morning and evening routines
- Be upbeat and positive about school, but listen and watch for their concerns, which they may not be able to express.
- Be prepared for how tired they will be in the first term.
- Label everything!

We hope you have found this guide helpful, but please speak to us if you have any further questions or concerns.